

Mental Health Resources

NYU Psychiatry Associates (limited insurances accepted)
212-263-7419

Behavioral Health Program – Family Health Centers NYU Langone Brooklyn
<https://nyulangone.org/locations/family-health-centers-at-nyu-langone/behavioral-health-program-family-health-centers-at-nyu-langone>
718-630-7942

NYU Langone Behavioral Health Associates - Mineola
<https://nyulangone.org/locations/nyu-langone-behavioral-health-associates-mineola>
516-663-2691

Bellevue Behavioral Health Services
<https://www.nychealthandhospitals.org/bellevue/health-care-services/behavioral-health/>
(212) 562-4141

Epilepsy Foundation of Metro NY (for counseling/therapy only)
<https://www.efmny.org/programs/counseling/>
212-677-8550

Find a therapist to identify therapists, psychologists and psychiatrists, sort by insurance and location
<https://www.psychologytoday.com/us/therapists>

Options for low cost and insurance covered therapy in NYC
<https://www.pgcmh.org/clinics>
<https://www.wawhite.org/index.php?page=affordable-clinic>
<https://nccny.com/>
<https://www.ccnycunyc.edu/psychology/psychological-center>
<https://www.stjohns.edu/resources/places/center-psychological-services>
<https://www.newschool.edu/nssr/psychotherapy-program/>
<https://www.tc.columbia.edu/deanhope/>
<https://icpnyc.org/>
<https://nipinst.org/>
<https://www.timh.org/>
<https://lowcosttherapy.nyc/>
<https://therapysafetynet.org/resources/additional-resources-uninsured/>

Other psychiatrists who have specific expertise with behavioral health in people with epilepsy
<https://nyulangone.org/doctors/1366550816/kenneth-r-alper>
<https://www.psychologytoday.com/us/psychiatrists/deepti-anbarasan-new-york-ny/403509>
Scott Hirsch, MD (<https://contemporarycarecenters.com/about/team/>)
<https://www.mountsinai.org/profiles/pojen-deng>